Warning signs of a stroke:

**Weakness** - Sudden loss of strength or sudden numbness in the face, arm or leg, even if temporary.

**Trouble speaking** - Sudden difficulty speaking or understanding or sudden confusion, even if temporary.

**Vision problems** - Sudden trouble with vision, even if temporary.

**Headache** - Sudden severe and unusual headache.

**Dizziness** - Sudden loss of balance, especially with any of the above signs.

*If you experience any of these symptoms visit your local emergency department.*