Recommended Annual Blood Work for Patients with Mitochondrial Disease

CBC
Homocysteine
Ferritin
Fasting glucose, HbA1c
Suspected hypothyroidism (TSH first +/- fT4)
Electrolytes: Na, K, HCO3, Cl
ALT, alk Phos, T&D bilirubin, albumin INR
Total Calcium
Creatine Kinase (CK)
Cr,
Lactate
ECG
Echo Cardiogram every 3-5 years or earlier if the patient experiences new cardiac symptoms