

Recommended Annual Blood Work for Patients with Mitochondrial Disease

CBC

Homocysteine

Ferritin

Fasting glucose, HbA1c

Suspected hypothyroidism (TSH first +/- fT4)

Electrolytes: Na, K, HCO₃, Cl

ALT, alk Phos, T&D bilirubin, albumin INR

Total Calcium

Creatine Kinase (CK)

Cr,

Lactate

ECG

Echo Cardiogram every 3-5 years or earlier if the patient experiences new cardiac symptoms